

FINAL NOTICE FOR THE 2016 POND SPRINT

CHECK-IN: will take place at the start-finish line, at Pok-O-MacCready Conference Center (Pok-O Queen), 1391 Reber Road, Willsboro. This is the Camp MacCready entrance, 300 yards beyond the Patch Sprint starting-line pillars.

VOLUNTEERS: Please report **no later than 8:15am**. We will have a support meeting, prior to separating to various locations for timing, aid station and other event preparation.

RACERS & HIKERS: Check-in will take place **between 8:45-9:45**. Please bring cash or check to cover your race fee and supplemental donation. At that time you will receive your race packet, consisting of your number, T-shirt, safety pins and more.

LATE REGISTRATION: If open spots remain for racers & hikers, you may bring along a friend. They should follow the same check-in procedure as above. Feel free to contact us regarding availability.

WAIVER FORM: The Pond Sprint is staged on both private and public land. The event is, at best, challenging; at worst, dangerous. Therefore, **all racers and hikers must sign a “waiver liability” sheet.**

HIKER SHUTTLE: Will leave camp at 9:50am, to be at Rattlesnake Mt. trailhead in time for a 10:00am start.

RACER MEETING: To discuss course and protocol, will take place at 9:55, at the starting line.

Both the race and hike will begin at exactly 10:00am.

DOGS: are not allowed for the Pond Sprint race. Dogs are permitted for the Pond Sprint hike but must be under your behavioral control at all times. Please honor another participants' request to have your dog on a leash.

PARKING: Follow the orange cones to the appropriate place on the ball field near the start line. There will be no one directing traffic, so please help to create an orderly row.

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Aid Stations: Are located at approximately miles 3.25 and 7.25. Stations will provide water, GU and bananas.

Awards BBQ: A post-race picnic will start at noon at at the start/finish. There will be a \$5 charge (donation to our beneficiaries) for unregistered guests. Picnic will feature burgers, hot dogs, vegetarian choices, snacks and beverages.

IN CASE OF RAIN: The Race/Hike will go on as scheduled. Lightning/thunder may compel the postponement or cancellation of the race.

OFFICIAL RESULTS: Will be posted, along with race pictures, on the Pond Sprint web site by Monday, October 10, if not sooner.

FOR MORE INFORMATION: We urge you to check the event web site and click on the menu links.

If you have any questions, please contact us at: patchsprint@gmail.com, or seek out race director Tim Singer at any time during check-in.

GOOD LUCK TO ALL 2016 POND SPRINT PARTICIPANTS!

Tim Singer & Sharp Swan, event coordinators